

ACTIVITY SCHEDULE 12th February – 18th February 2024

MONDAY 12th February

- 11am–12.30pm Jigsaws/Games/Puzzles
- 2pm –4.30pm Physiotherapy/Sing Song/ Valentine's Quiz
- 6pm–8pm Rosary/Bingo
- 8pm - 9pm Relaxation Hour (cup of tea, chat, watch TV)

TUESDAY 13th February *Valentine's Day Party*

- 11am –12.30pm **Valentine's Arts & Crafts**
- 2.15pm –4.30pm Valentine's Party with live music by "The Irish Weavers" and plenty of refreshments throughout the afternoon**
- 5.30pm–8pm **Rosary/Music DVD**
- 8pm - 9pm **Relaxation Hour (cup of tea, chat, watch TV)**



WEDNESDAY 14th February *Valentine's Day/Ash Wednesday*

- 11am –12.30pm **Reminiscence**
- 2pm – 4pm **Music Afternoon with Séamus & Mike**
- 6pm–8pm **Rosary/Valentine's Bingo**
- 8pm - 9pm **Relaxation Hour (cup of tea, chat, watch TV)**



THURSDAY 15th February

- 11am –12pm **Reminiscence/Old Time Records/Arts & Crafts**
- 2pm–4.30pm **Afternoon Quiz/ Proverbs**
- 5.30pm –8pm **Rosary/Live Music with Neasa de Baróid**
- 8pm - 9pm **Relaxation Hour (cup of tea, chat, watch TV)**

FRIDAY 16th February

- 11am –12.30pm **Board Games /Puzzles/Jigsaws**
- 2pm – 4.30pm **Physiotherapy/Sing Song/Storytelling**
- 5.30pm – 8pm **Rosary/Live Music with James Burke**
- 8pm - 9pm **Relaxation Hour (cup of tea, chat, watch TV)**



Saturday 17th February

- 11am–12.30pm **Arts & Crafts/ Puzzles**
- 2pm–4.30pm **Beauty Afternoon/ Listen to Music**
- 6pm –8pm **Rosary /Bingo**
- 8pm-9pm **Relaxation Hour (cup of tea, chat, watch TV)**

Sunday 18th February

- 11am–12.30pm **Mass on TV followed by Sunday Newspapers**
- 2pm – 4.30pm **Movie Afternoon (Residents Choice)**
- 6pm–8pm **Rosary/Bingo**
- 8pm - 9pm **Relaxation Hour (cup of tea, chat, watch TV)**